FIND YOUR PURPOSE.

WORKBOOK

WRITTEN BY LAUREN PAUL

SRA

DISCOVER YOUR PURPOSE WORKBOOK

WRITTEN BY LAUREN PAUL.

Have you ever asked the question- Lord why am I here?

Have you ever asked the question- Lord, what have you created me to do?

You can never discover your purpose outside of your identity in Christ. That is why you can never discover your purpose outside of God. When God created you, He put purpose on the inside of you. He chose you for such a time as this.

In Psalm 139:13-16 NIV- For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

God knew exactly what He was doing when He created you. In Isaiah 64:8 NIV it says, "Yet you, LORD, are our Father. We are the clay, you are the potter; we are all the work of your hand". **That means that everything you need to be successful in life has already been given to you by God. Our only work is to allow God to show us what we are born to do. Purpose can only be birthed in the heart.**

I can ask what your spiritual gifts are, but they are not going to show you exactly what you are called for. You can be good at helping people, but it is not the call. I can ask you what makes you happy and what you enjoy, but it is not going to unlock destiny in your heart.

Say this out loud: My purpose is already in my heart. God has already put my destiny on the inside of me. I choose to awaken my God-given assignment within me.

When we give our lives to Jesus and become a new creation in Christ we receive the plan of God for our lives. In 2 Corinthians 5:17 NIV it says, "Therefore if anyone is in Christ, the new creation has come. The old has gone, the new is here". We each have an assignment for God while we are on this earth, but it can only be birthed through CONFESSION AND PRAYER. It is not going to happen any other way but through those two KEYS.

Pray this prayer out loud:

Father, in the name of Jesus, I thank you that you will reveal to me exactly what I am born to do. I open my heart to receive the vision you have for my life. Thank you Lord, that you will give me the ability and understanding to know what to do and how to do it. Thank you, Holy Spirit for leading and directing my steps into the fullness of the assignment that God has for me. In Jesus name Amen.

THE POWER OF THE WORDS WE SPEAK

In **Ezekiel 37- [3] "He asked me, Son of man, can these bones live"?** I said, "Sovereign LORD, you alone know."[4] Then he said to me, **"Prophesy to these bones and say to them, 'Dry bones, hear the word of the LORD! [5]** This is what the Sovereign LORD says to these bones: I will make breath[a] enter you, and you will come to life. [6] I will attach tendons to you and make flesh come upon you and cover you with skin; I will put breath in you, and you will come to life. Then you will know that I am the LORD.'" [7] **So I prophesied as I was commanded**. And as I was prophesying, there was a noise, a rattling sound, and the bones came together, bone to bone. [8] I looked, and tendons and flesh appeared on them and skin covered them, but there was no breath in them. [9] Then he said to me, "Prophesy to the breath; prophesy, son of man, and say to it, 'This is what the Sovereign LORD says: Come, breath, from the four winds and breathe into these slain, that they may live.'" [10] So I prophesied as he commanded me, and breath entered them; they came to life and stood up on their feet—a vast army.

God is commanding us to prophecy over every area of our lives. Vision and destiny are activated in our hearts through confession. God asked Ezekiel the question- Will these bones live? Ezekiel answered you alone know. Then God gave Him the solution. God commanded **Ezekiel to prophecy to the dry bones. Why? Because nothing would come alive without Ezekiel saying it. That means that our vision and destiny can come alive through the words we speak. Only when Ezekiel began to prophecy, did the dry bones come back to life.**

We have to speak to our purpose and say- "PURPOSE, HEAR THE WORD OF THE LORD". We have to activate the power of speaking the word of God over our lives. Word power is key if we want our destiny to be birthed. If Ezekiel had not prophesied to the dry bones, nothing would have changed. In the same way, if we don't prophecy over our purpose, nothing will change.

Take a moment to write down three things that you can speak over your destiny. All sentences must start with- HEAR THE WORD OF THE LORD.

Dead things will come back to life as we begin to say SCRIPTURE over our purpose. A dead God dream, a dead vision or a buried destiny will be resurrected in your heart as you begin to confess over it. Dead things will begin to shake on the inside and come back to life again.

PURPOSE IS ACTIVATED BY FAITH

A purpose cannot be birthed without faith. You may not know the steps you need to take to pursue your purpose. But the greatest way we can activate faith is to speak the word of God until the Holy Spirit gives us the unction to know which faith step to take. In Hebrews 11:6 NIV it says- "Without faith it is impossible to please God". That means if we are not confessing the word of God over our destiny, we are not walking in faith. Even if we are not taking physical faith-steps in the natural, we

are taking supernatural steps in the spiritual realm by confessing the word of God. Nothing can stop God's word from doing the work.

As we declare the scripture the Holy Spirit begins to work that scripture in our lives. It is none of us and all of Him. In 1 Corinthians 2:10 NIV it says- "These are the things God has revealed to us by His Spirit'. The Spirit searches all things, even the deep things of God". In Jeremiah 33:3 NIV it says, 'Call to me and I will answer you and tell you great and unsearchable things you do not know.' We begin to get direction and wisdom from the Holy Spirit as we confess the word. **In Hebrews 4:12 NIV it says- "For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart". In Psalm 45:1 KJV it says-**. My heart is overflowing with a good theme; I recite my composition concerning the King; My tongue *is* the pen of a ready writer.

As we begin to open up our mouths to speak, we get into alignment with God's will for our lives. **We need to make sure our mouth is speaking FAITH-FILLED words all the time. Everything we say portrays what we believe. Out of the abundance of the heart the mouth speaks**.

<u>Pray this out loud</u>.

Father, thank you for the purpose you have placed in my heart. I choose to say yes to the assignment you have called me to do. Lord, not my will, but your will be done, In Jesus name Amen.

Let's activate our faith by making the following declarations today.

<u>Say these confessions out loud:</u>

Jesus loves me.

Daddy God is my protector.

I am born for such a time as this.

God has an amazing plan for my life.

God knows the purpose He has for me and the Holy Spirit reveals to me all things.

I command my purpose to come alive in my heart.

I am lead by the Holy Spirit.

The Holy Spirit is awakening destiny in my heart.

I allow God to make known to me what He has called me to do.

Thank you Jesus that you lead me in the way I should go.

I am the righteousness of God in Christ Jesus.

I am fearfully and wonderfully made.

I am forgiven

I am God's handiwork created in Christ Jesus.

I am greatly blessed.

I am highly favored.

I am one of a kind.

I am God's masterpiece.

<u>THE POWER OF PRAYER</u>

There is power in praying scripture over our purpose every day. We need to be consistent with our prayer life if we want things to change. But we actually need to pray scripture for destiny to be released. Destiny is unlocked in man's heart through declaration and prayer. Purpose is always birthed internally, and then it manifests externally. The internal work happens when we pray and confess scripture.

<u>Write down your answers for the following questions:</u>

What is the prayer I keep praying for my purpose? How can I change my prayer to be in alignment with scripture?

Have I spoken negatively about my destiny? What words can I speak about my purpose instead?

Write a sentence that reminds you about how great your future is.

What makes you unique?

What do you enjoy doing?

What is your heart's desire for your future?

Write down some words that will activate faith in your heart.

If you could have any job in the world what would it be and why?

<u>Pray this right where you are:</u>

"Lord what am I born to do?" What is my purpose? If something pops up in your spirit write it down. If nothing jumps out at you, come back to this question at the end of the workbook.

Take a moment and ask the Holy Spirit to reveal to you what your purpose is. Write down anything that pops into your heart. If nothing comes up, you can come back to this at a later stage.

<u>PRAYING SCRIPTURE UNLOCKS DESTINY IN YOUR HEART</u>

In Proverbs 15:29 NIV it says, "God hears the prayer of the righteous".

The key to getting our prayers answered is to ask the right questions and then pray the right scriptures that will unlock God's wisdom in our heart. Instead of praying our own prayers, we are going to pray scriptural prayers.

<u>WE HAVE TO SAY AND PRAY</u>

In Numbers 14:28 NIV- So tell them, "As surely as I live, declares the LORD, I will do to you the very thing I heard you say".

We are going to say scripture into God's hearing. Pray these scriptures out loud wherever you are right now.

Lord in Habakkuk 2:2-3 NIV it says:

Then the LORD replied: "Write down the revelation and make it plain on tablets so that a herald[b] may run with it. **3** For the revelation awaits an appointed time; it speaks of the end and will not prove false. Though it linger, wait for it; it[c] will certainly come and will not delay.

Thank you Jesus that you reveal the vision you have for me. I declare the vision is plain and I can write it and run with it.

Lord I pray Jeremiah 29:11 NIV over my life.

For I know the plan I have for you declares the Lord plans to prosper you and not to harm you, to give you hope and a future.

Thank you Jesus that you make known to me the plan you have for me. Thank you Jesus that my future is bright and you will show me what to do with clarity. Thank you Holy Spirit that you continue to direct my steps. I am surrendered to your will for my life. Lord, not my will but your will be done.

When we say these scriptures we are getting into alignment with the word of God which activates purpose within us.

Lord I pray Ephesians 1:15-23 NIV over my life.

15 For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, **16** I have not stopped giving thanks for you, remembering you in my prayers. **17** I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit[f] of wisdom and revelation, so that you may know him better. **18** I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, **19** and his incomparably great power for us who believe. That power is the same as the mighty strength **20** he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, **21** far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come. **22** And God placed all things under his feet and appointed him to be head over everything for the church, **23** which is his body, the fullness of him who fills everything in every way.

Lord, Thank you that when I said this prayer in Ephesians 1:15-23 NIV into your hearing, I received the wisdom to know what you have called me to do. In Jesus name Amen.

Lord I pray Ephesians 3:14- 20 over my life.

4 For this reason I kneel before the Father, **15** from whom every family[a] in heaven and on earth derives its name. **16** I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, **17** so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, **18** may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, **19** and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.**20** Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us.

Lord, thank you that as I have prayed Ephesians 3:14-20 NIV over my life I will see you fulfil the promise. Thank you Daddy God that you love me so much and you will exceed our expectations in this season.

Lord I pray Colossians 1:9-14 NIV over my life.

9We continually ask God to fill you with the knowledge of His will through all the wisdom and understanding that the Spirit gives,[e] **10** so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God, **11** being strengthened with all power according to his glorious might so that you may have great endurance and patience, **12** and giving joyful thanks to the Father, who has qualified you[f] to share in the inheritance of his holy people in the kingdom of light. **13** For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, **14** in whom we have redemption, the forgiveness of sins.

Thank you Daddy God that you love me so much and you have forgiven me for all my sins. Today I declare I am righteous, forgiven, blessed and highly favored.

Purpose is never birthed externally it is birthed internally.

Your purpose is never birthed externally, it is birthed internally. The vision can only come alive on the inside through prayer and the word of God.

OUR FAITH NEEDS TO BECOME BIG. A BIG PURPOSE REQUIRES BIG FAITH. BIG FAITH, REQUIRES BIG CONFESSION AND BIG PRAYER.

If we don't prophecy over our future, nothing will change. YOU CAN ONLY AWAKEN PURPOSE THROUGH THE SPOKEN WORD AND PRAYER. THESE ARE THE ONLY TWO KEYS THAT WILL WORK TO BIRTH PURPOSE.

Write down your answers to the following questions:

What words pop into your mind when I say to you- What does the future God has for you look like?

Write down the story you will now tell yourself about your purpose?

What do you believe about the plan God has for your life?

Who do you say that you are? Example- Fearless, bold, courageous etc.

God wants you to fulfil your assignment more than you do. We have to allow Him to make it known to us. God will only do for you what you allow Him to do. Some people spend their whole lives searching for purpose. But purpose lives on the inside of you when you are a child of God. There is nothing to search for externally. Purpose is birthed inwardly. You actually already have purpose it just needs be made known to you. The only one that reveals purpose in our heart is the Holy Spirit. God births purpose at the right time.

<u>Pray this prayer out loud:</u>

Lord, "I allow you to reveal to me what my purpose is in Jesus name".

The moment you say I allow you to, then His will can be established in that area of your life. Without your permission, God will do nothing. We have to allow God room to move in our lives.

Take a moment to pray and tell God that you allow Him to reveal your purpose to you.

In closing, I pray that you enjoyed this workbook and that it opens you up to receive the great plan that God has for your life. Continue to declare these scriptures and pray in the spirit to release the fullness of the purpose that God has for you.

Yours Faithfully,

Lauren Paul